



California SUD Counselor Certification

Inspiration Through Rejuvenation

Pre-conference Activity – Tuesday, May 7, 2024

6:00 – 7:30 pm Welcome Reception and Association Meeting (Refreshments at 6:00)

Conference Day One – Wednesday, May 8, 2024 (6.5 CEU)

8:00 - 9:00 am Registration/Hosted Breakfast

9:00 - 9:30 am Welcome & Keynote

9:30 - 11:00 am
Applies to Clinical Supervision Hours
Creating a Work Environment that Promotes Wellness and Rejuvenation - Addressing Burnout among Addiction Counselors
Dr. Nola Veazie

11:00 - 11:15 am Break

11:15 - 12:45 pm
To Be Announced
Mario San Bartolome, MD, MBA, MRO, FASAM, SUD / MAT Program Lead Physician

12:45 - 1:45 pm Hosted Lunch

1:45 - 3:15 pm
The Neurochemistry of Relapse: Correcting the Underlying Nutrient Deficiencies that Prevent Complete Recovery
Julia Ross

3:15 - 3:45 pm Hosted Refreshment Break – Thank you to our Gold STAR Sponsor LowCost Interlock.

3:45 - 5:15 pm
Balancing Act: Integrating Self-Care into Clinical Practice
Julie Seitz

Conference Day Two – Thursday, May 9, 2024 (6.5 CEU)

8:00 - 8:30 am Registration/Hosted Breakfast

8:30 - 10:00 am
Avoiding Stress and Burnout: Self-Care for Care-Givers
Roland Williams

10:00 - 10:30 am Break

10:30 - 12:30 pm
Unlocking Your Inner Strengths: Cultivating Lasting Resilience Inside and Out of the Counseling Room
Matt Hersh, PhD

12:30 - 1:30 pm Hosted Lunch

1:30 - 3:00 pm
Applies to Ethics and Clinical Supervision Hours
Adherence to our Ethical Code of Conduct: Using our Inspiration Through Rejuvenation to Maximize Professional Boundaries – Part 1
John Durbin

3:00 - 3:30 pm Hosted Refreshment Break - Thank you to our Gold STAR Sponsor SavePlus Insurance

3:30 - 5:00 pm
Applies to Ethics and Clinical Supervision Hours
Adherence to our Ethical Code of Conduct: Using our Inspiration Through Rejuvenation to Maximize Professional Boundaries – Part 2
John Durbin